

# FALL in love with my bowl



## Pumpkin from Hokkaido

**Pumpkin Spice Latte** 680

**Pumpkin Caramel frappuccino** 730

## MATCHA STAND



Japanese style Matcha latte (H/I) 680

Matcha Milk Affogato 898

Strawberry Matcha smoothie 1,210



## HOUSE-MADE KOMBUCHA

Strawberry Mint KOMBUCHA 880

Orange Chamomile KOMBUCHA 880

Jasmine Lavender KOMBUCHA 970

## Tea Lattes

Maple Earl grey tea latte (H/I) 680

Honey japanese tea latte (H/I) 680

my bowl spice chai latte (H/I) 680

## Sodas

Hibiscus Limeade 720  
hibiscus, apple cider vinaiger, lime

Lavender Lemonade 680  
house-made lemon syrup

Mango Gingerale 680  
house-made ginger syrup, mango

## Coffees



Espresso 350 **Coffee** (H/I) 550

Caramel macchiato (H/I) 600 **Latte** (H/I) 600

House-made Almond Latte 650 **Oat milk latte** 650

VEGAN Cafe mocha (H/I) 680 **Cappuccino** 550

Matcha espresso latte 720 **Latte float** 700

**VEGAN** HOUSE-MADE Almond milk / Oat Milk +50

Espresso Shot +150

**ADD** Cinnamon Agave Syrup +180

VEGAN SOY whipped cream +100

House-made vegan ice cream +100

## Organic Teas

Fruits Mint tea (I) 680  
House-made Fruits syrup

Organic Red Shiso lime tea (I) 680  
RED SHISO TEA from KIRISHIMA kagoshima

Organic Pure Black by Mighty Leaf (I) 600

Organic Earl grey (H/I) 600

Arnold Palmer (I) 680

## my bowl Herb Teas

MOON Bird Hibiscus / Lady's mantle / Lemongrass 660

5 Leaves Lemon verbena/ taragon/ pepper mint/ cardamom/ Pandan 660

## Smoothies (VV)



### SEASONAL

**PUMPKIN PIE** 990  
pumpkin from hokkaido, banana, organic maple syrup, dates, HOUSE-MADE almond milk

**CHOCOLATE OATEMEAL COOKIE** 1,100  
organic oatmeal, banana, cinnamon, cocoa, organic agave, dates, HOUSE-MADE almond milk

**STRAWBERRY BANANA** 990  
strawberry, banana, HOUSE-MADE almond milk

**BLACK SESAME** 990  
black sesame, banana, HOUSE-MADE almond milk

**HERBAL HEAVEN** 1,320  
mango, banana, cinnamon, fennel, cardamon, dates, coconut, HOUSE-MADE almond milk

**ACAI** 1,450  
Acai, mixed berry, goji berry, banana, coconut, chia seed, HOUSE-MADE almond milk

**TURMERIC GINGER** 1,100  
mango, banana, ginger, turmeric, coconut, HOUSE-MADE almond milk

**BLACK HEMP DETOX** 1,100  
charcoal, hemp seed, coriander, banana, chia seed, HOUSE-MADE almond milk

**GREEN GOODNESS SEA MOSS** 1,100  
avocado, kale, sea moss, spirulina, moringa, banana, coconut, SOY yogurt, HOUSE-MADE almond milk

**MATCHA** 990  
matcha, banana, dates, HOUSE-MADE almond milk

Vegan Protein +150 HEMP CBD OIL +540 PROBIOTIC +330  
**ADD** Organic Moringa /Organic Spirulina /Sea moss +80  
Bee Pollen / Goji Berry / Hemp Seed / Cacao Nibs

## COLD PRESSED JUICE

### FRUITS

Apple Orange 1,200

Pineapple Orange Lemon Ginger Turmeric 1,490

### GREEN + ROOT + Ginger + Turmeric

**BODY+MIND fulness** 1,100  
kale, spinach, komatsuna, celery, apple, lemon, pineapple, ginger

**Self control** 1,100  
kale, spinach, komatsuna, celery, apple, lemon, ginger, almond milk

**Simply Green** 1,050  
kale, spinach, komatsuna, celery, lemon

**Help!** 1,200  
beet, lettuce, lemon, apple, almond milk

**Tiger and Dragon** 1,100  
carrot, komatsuna, orange, lemon, apple, ginger, turmeric

### wellness Shot

Turmeric Ginger Lemon 400

Immunity Probiotic 400

the Night Light CBD 400

Glass of wine RED/WHITE 880 BEER 700

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## Cocktails

my bowl spiritz Bitter orange 880  
mezcal/ bitter orange/ orange KOMBUCHA  
\* NON-alcohol OK!

Herbal UME Shiso 880  
yuzu/ ume/ shiso/ fennel/ black pepper/ginger

