



**-FALL-**  
 Maron Brulee latte (H/I) 790  
 Honey HOJIOCHA LATTE (H/I) 748

**-early FALL-**  
 Strawberry chocolate frappechino 748  
 Tropical greek yogurt lassi -mango, pineapple- 990



**MILK SHAKE**

VANILLA 880  
 STRAWBERRY 898  
 BLACK SESAME 898  
 Salted caramel 898

**Sodas**

Strawberry mint soda 680  
 Blueberry soda 680  
 Hibiscus Limeade 720  
 hibiscus, apple cider vinaiger, lime  
 Lavender Lemonade 680  
 house-made lemon syrup  
 Honey Mango Gingerale 680  
 house-made ginger syrup, mango

**Tea Lattes**

Japanese style Uji Matcha latte (H/I) 680  
 Honey Earl grey tea latte (H/I) 680  
 Maple rooibos tea latte (H/I) 680  
 my bowl spice chai latte (H/I) 680  
 Chamomile tea latte (H) 680

**Coffees** **VERVE**

Espresso 450	Coffee (H/I) 600
Caramel macchiato (H/I) 680	Latte (H/I) 630
House-made Almond Latte 680	Oat milk latte 680
Cafe mocha (H/I) 680	Cappuccino 630
Matcha espresso latte 730	Latte float 730
Cardamom spice latte (H/I) 730	Organic vanilla beans latte (H/I) 730

VEGAN HOUSE-MADE Almond milk / Oat Milk +50  
 ADD Espresso Shot +150  
 Organic Agave Syrup +50  
 Vegan soy whipped cream +100  
 House-made vegan ice cream +100

**Organic Teas**

Berry lemonade tea (I) 680  
 Organic Red Shiso lime tea (I) 680  
 RED SHISO TEA from KIRISHIMA kagoshima  
 Organic Pure Black by Mighty Leaf (I) 660  
 Organic Earl grey (H/I) 660  
 Arnold Palmer (I) 680

**my bowl Herb Teas**

MOON Bird Hibiscus / Lady's mantle / Lemongrass 660  
 5 Leaves Lemon verbena/ taragon/ pepper mint/ cardamom/ Pandan 660

**Juices**

Honey Organic banana juice 720  
 Blood orange/ mango / apple 600 each

**Smoothies (VV)**



**-FALL- PUMPKIN SPICE** 1,320  
 pumpkin, organic banana, nutmeg, organic maple syrup, vegan milk, vegan cream  
**BLUEBERRY** 1,180  
 blueberry, organic banana, organic maple, vegan milk, vegan cream  
**CHOCOLATE OATEMEAL COOKIE** 1,320  
 organic oatmeal, organic banana, cinnamon, cocoa, organic agave, dates, vegan milk, vegan cream  
**STRAWBERRY BANANA** 990  
 strawberry, organic banana, vegan milk, vegan cream  
**MATCHA** 990  
 matcha, organic banana, dates, vegan milk, vegan cream

**BLUE MAJIC** 1,320  
 blue spirulina , organic banana, pineapple, avocado, house-made almond butter, vegan milk, vegan cream

**ACAI** 1,450  
 organic acai, mixed berry, goji berry, organic banana, coconut, chia seed, vegan milk

**TURMERIC GINGER** 1,180  
 mango, banana, ginger, turmeric, coconut, vegan milk

**GREEN GOODNESS** 1,320  
 avocado, komatsuna , celery, organic banana, organic agave, vegan milk

ADD Vegan Protein +150 HEMP CBD OIL +540 PROBIOTIC +330  
 Organic Moringa /Organic Spirulina /Sea moss +80  
 Bee Pollen / Goji Berry / Hemp Seed / Cacao Nibs

ブルースピルリナ / オーガニックバナナ / バイナップル / アボカド / 自家製アーモンドバター / ヴィーガンミルク / ヴィーガンクリーム

**HOUSE-MADE KOMBUCHA**

Strawberry Mint KOMBUCHA 880  
 Orange Chamomile KOMBUCHA 880  
 Jasmine Lavender KOMBUCHA 970

**COLD PRESSED JUICE**

**FRUITS**

Apple Orange 1,490  
 Pineapple Orange Lemon Ginger Turmeric 1,490

**GREEN + ROOT + Ginger + Turmeric**

**BODY+MINDfulness** 1,390  
 kale, spinach, komatsuna, celery, apple, lemon, pineapple, ginger

**Self control** 1,290  
 kale, spinach, komatsuna, celery, apple, lemon, ginger, almond milk

**Simply Green** 1,390  
 kale, spinach, komatsuna, celery, lemon

**Help!** 1,390  
 beet, lettuce, lemon, apple, almond milk

**Tiger and Dragon** 1,490  
 carrot, komatsuna, orange, lemon, apple, ginger, turmeric

**wellness Shot**

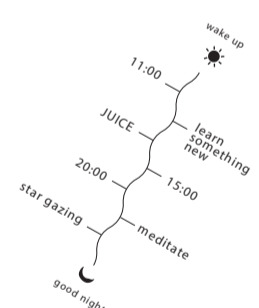
Turmeric Ginger Shot 450  
 turmeric, ginger, lemon, cayenne  
 Immunity 600  
 turmeric, ginger, honey, apple cider vinegar  
 +Probiotic 330

A Glass of wine RED/WHITE 880 BEER 800  
 L  
 C  
 O  
 H  
 O  
 L



**Cocktails**

my bowl spiritz Bitter orange 880  
 mezcal/ bitter orange/ orange KOMBUCHA  
 \* NON-alcohol OK!



\*If you have any dietary requiremets, please feel free to talk to the staff.