

FALL



my bowl SPECIAL

Salmon dream poke bowl w. wasabi soy sauce 1,998
 soft-boiled egg +280 kimchi +165 organic natto +220 extra rice +150



Tahini Chilled noodle w. House-made roast beef 1,690
 extra roast beef +550 extra noodle +150

VEGAN BOWL

- Vegan Cheese plate (VV,GF)** 1,590
 vegan lasagna / vegan mac and cheese / kale / quinoa / avocado / pickled red cabbage / house-made hummus / pan de campagne / vegan parmesan cheese
- Yuzu miso tofu steak + basil brown rice bowl (VV)** 1,590
 House-made basil / brown+barley rice / kale / yuzu miso tofu steak / roasted vegetables / avocado / pickled red cabbage / beet miso / hummus (+shiitake bacon(VV,GF) 280)
- Avocado hot quinoa (VV,GF)** 1,490
 fried kale / quinoa / avocado / roasted broccoli / celery / dukkha w/creamy cashew + vegan parmesan cheese (+roasted vegetables 440)
- Jyuwali SOBA Kale tofu salad (VV)** 1,490
 soba made with only buckwheat flour / yuzu miso tofu steak / avocado / kale / quinoa / pickled red cabbage+red onion w. wasabi soy sauce + miso ginger + beet miso (+kimchi(VV,GF) 165 +organic natto(VV) 240)

MEAT+FISH RICE BOWL

- WAGYU Burrito bowl** 1,450
 A5 Wagyu beef / fried brown+barley rice / avocado / mixed beans / marinated tomato+cucumber / soft-boiled egg / red onion / olive / tortilla / feta cheese / grilled cheese / green salad w/ spicy green goddess+salsa (+extra rice 150 +pouched egg(V,GF) 280)
- BBQ PERI PERI spicy chicken plate** 1,490
 PERI PERI chicken / fried brown+barley rice / avocado / roasted carrot / soft-boiled egg / marinated tomato+cucumber / pickled red cabbage+red onion / green salad w/creamy curry dressing (+extra rice 150 +Vegan Mac and cheese(VV) 275)
- Salmon korean rice bowl** 1,590
 roasted maple salmon / fried brown+barley rice / avocado / kimchi / korean seaweed / pickled red cabbage+red onion w/ honey apple vinaigrette + beet miso (+extra rice 150 +pouched egg(V,GF) 280 +yuzu miso tofu steak(VV,GF) 280)
- Turmeric tahini paella w. honey lemon chicken, mussels** 1,590
 turmeric tahini / fried brown+barley rice / honey lemon chicken / mussels / bell pepper / pickled red cabbage+red onion / mixed beans / tomato / soft-boiled egg w/ yogurt sauce + hummus + harissa (+roasted vegetable(VV,GF) 440 +grilled cheese(V,GF) 220)

SALAD BOWL

- House-made Roast beef salad (GF)** 1,590
 kale / spinach / komatsuna / house-made roast beef / roasted broccoli / tomato / marinated tomato+cucumber / mixed nuts / pickled red cabbage+red onion / parmesan cheese w/ spicy green goddess (+extra roast beef 660)
- Kale chicken caesar w. parmesan+feta cheese(GF)** 1,390
 kale / spinach / komatsuna / roasted chicken / parmesan cheese / feta cheese / pickled celery / tomato / mixed nuts / olive / roasted broccoli / soft-boiled egg w/caesar (+avocado 385)
- Shiitake bacon vegan caesar (VV,GF)** 1,450
 kale / spinach / komatsuna / shiitake / avocado / roasted broccoli / vegan cheese / red onion / mixed beans / red cabbage / pickled celery / mixed nuts w/vegan caesar (+miso tofu steak 280 +house-made hummus 220)
- Wagyu beef THAI Gapao** 1,490
 kale / spinach / komatsuna / A5 WAGYU beef / coriander / fried egg / bell peppers / marinated tomato+cucumber / mixed nuts/ pickled red cabbage+red onion w/ thai sweet chili (+avocado 385 +house-made hummus 220)

TOAST, PANCAKE

- Avocado Toast (VV)** 1,490
 pain de campagne / avocado / sea salt / dukkha / creamy cashew sauce
- Salmon Toast w. house-made basil sauce** 1,490
 pain de campagne / salmon / kale / tomato / pickled red onion / feta cheese / house-made basil sauce
- Roast beef, avocado and cheese sandwich** 1,590
 pain de campagne / roast beef / pickled red cabbage+red onion / avocado / grilled cheese / parmesan cheese / spicy green goddess sauce
- Honey ricotta strawberry toast w. house-made almond butter, buckwheat seeds (V)** 1,350
- Blueberry Pancake (VV,GF)** 1,490
- Fruits Pancake (V,GF)** 1,490

ORGANIC ACAI BOWL

- Organic Acai bowl (VV,GF)** 1,690
 organic acai / choice of house-made granola / strawberry / banana / blueberry / coconuts / chiaseeds / cacao nibs / house-made almond butter (+Greek yogurt(V,GF) 398 +SOY yogurt(VV,GF) 350 +probiotics 400)
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate
- Honey organic Acai bowl (V,GF)** 1,690
 organic acai / choice of house-made granola / banana / blueberry / strawberry / mango / coconut / cacao nibs / honey
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate
- Greek yogurt Acai bowl (V,GF)** 1,998
 organic acai / greek yogurt / strawberry / banana / blueberry / coconut / bee pollen / cacao nibs / goji berry / honey
- Chocola Acai bowl (VV,GF)** 1,790
 organic acai / chocolate granola / strawberry / banana / blueberry / coconut / cacao nibs / chocolate cream / chocolate sauce
- Tropical dream Acai bowl (V,GF)** 2,498
 organic acai / choice of house-made granola / pineapple / strawberry / banana / blueberry / coconuts / bee pollen / cacao nibs / goji berry / honey / honeycomb / house-made almond butter / peanut butter (+Greek yogurt(V,GF) 398 +SOY yogurt(VV,GF) 350 +probiotics 400)
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate

YOGURT BOWL

- Greek yogurt bowl (V,GF)** 1,690
 choice of house-made granola / greek yogurt / strawberry / blueberry / strawberry jam/ coconuts / cacao nibs (+coconut ghee(V,GF) 300)
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate
- Granola soy yogurt bowl (VV,GF)** 1,490
 choice of house-made granola / soy yogurt / seasonal fruits / chiaseeds / coconuts (+coconut ghee(V,GF) 300)
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate

SMOOTHIE BOWL

- Pumpkin almond butter bowl (VV,GF)** 1,690
 choice of house-made granola / pumpkin / banana / espresso / blueberry / pumpkin seeds / coconut / chiaseeds / cacao nibs / house-made almond butter / peanut butter (+probiotics 400)
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate
- ZEN Matcha bowl (VV,GF)** 1,590
 matcha / banana / avocado / pineapple / coconut / chiaseeds / cacao nibs / house-made almond butter (+SOY yogurt(VV,GF) 300)
- Mango energy bowl (VV,GF)** 1,640
 mango / choice of house-made granola / date / blueberry / orange / coconut / almond butter / cacao nibs / matcha granola
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate
- Strawberry banana bowl (VV,GF)** 1,490
 choice of house-made granola / banana / strawberry / coconuts
 CHOOSE GRANOLA Honey butter(+150) Nuts&seeds MATCHA CACAO CRUMBLE STRAWBERRY VANILLA(+150) Chocolate

VEGAN, Gluten-free SWEETS

- Strawberry candle parfait (VV,GF)** 891 **Chocolate Brownie w. vegan ice cream (VV,GF)** 750
 CHOOSE Ice cream. Chocolate Coconut caramel Matcha
- Double chocolate parfait (VV,GF)** 891 **Organic vegan Ice cream DORAYAKI (VV,GF)** 680
 CHOOSE Ice cream. Chocolate Black sesame Matcha
- Organic Banana spice cake w. house-made almond butter+buckwheat seeds (VV,GF)** 750

VV vegan V vegetarian GF gluten-free

*If you have any dietary requirements, please feel free to talk to the staff.

SOUP

- Cheese Onion gratin soup** 680
 - VEGAN Corn soup (VV,GF)** 780
 - VEGAN seasonal cream soup (VV,GF)** 780
- add ons**
 +baguette (VV) +220

SIDE

- House-made Roast Beef (GF)** 980
 Beef / sauteed spinach / house-made harrisa /spicy green goddess sauce / agave / balsamico
- House-made Hummus + Roasted vegetables w/ pan de campagne (VV)** 780
- Vegan kale+spinach Lasagna (VV)** 550
- Vegan MAC 'n' CHEESE (VV)** 780

FULL MOON FOOD (Reservation only, take away available)
 We offer full moon vegan food box at every full moon.